



Do it
yourself

Bracelet
Decade of the
Rosary
Macrame



ACN



You will need scissors and string or cord.



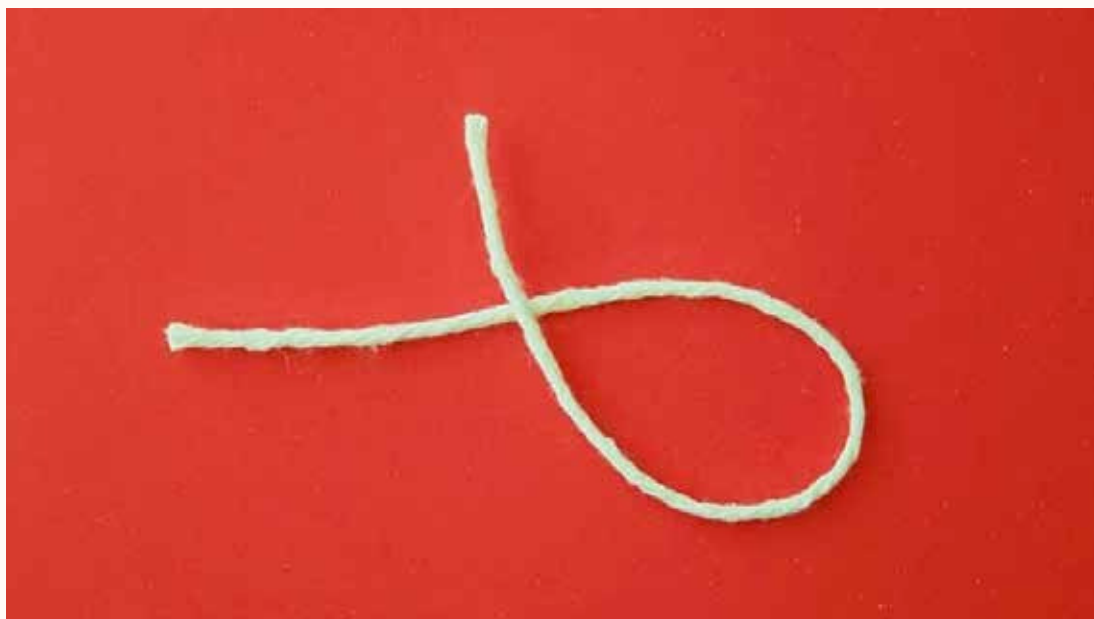
1

With the help of an adult, cut a piece of string about 40 centimeters long.



2

With the help of an adult, cut a piece of string about 40 centimeters long.



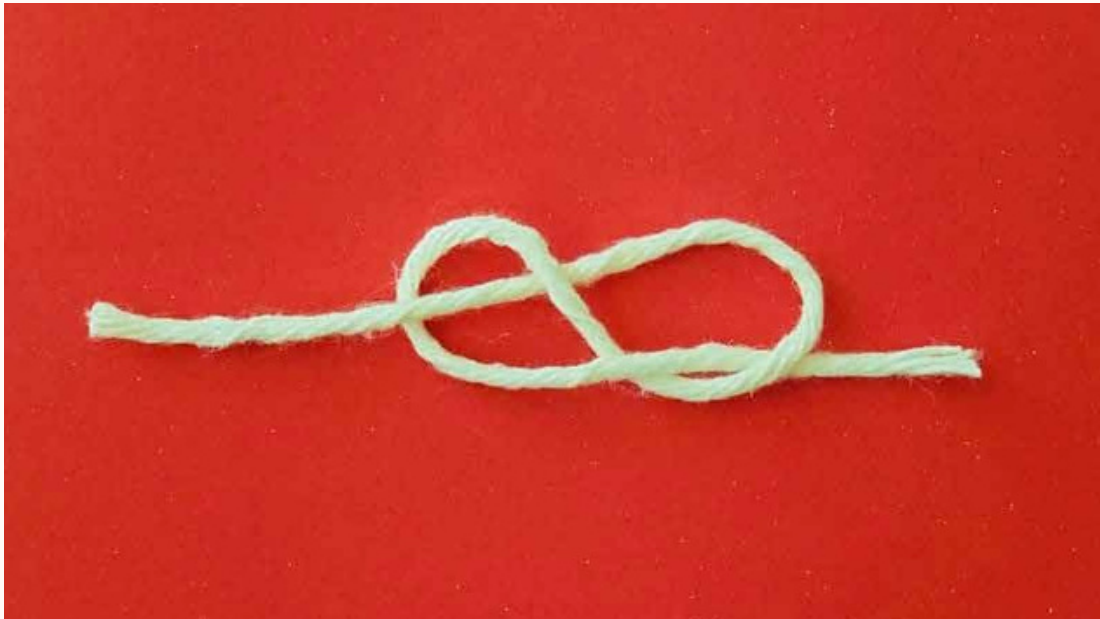
3

Take the end up to begin forming the sideways eight (the infinity symbol).



4

Pass it over and then go down and under to finish forming the infinity symbol.



5

Pass the end through the inside and pull both sides to form the knot.



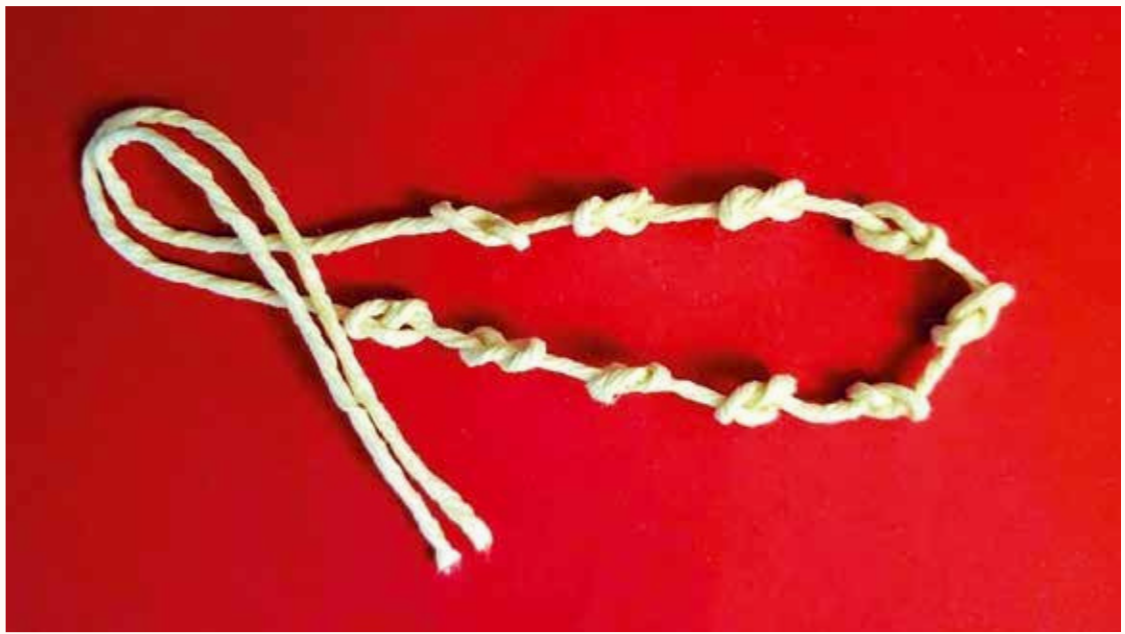
6

DONE, YOUR KNOT IS MADE!
Now just repeat 9 more times to complete the decade of the rosary.

CLOSING THE BRACELET

To close the bracelet, you can use the same type of knot, but with a double string, as shown in the following images.







ALL DONE!

How about adding a Miraculous Medal of Our Lady now? Or, if you prefer, you can add another medal of Our Lady, so we remember that Mary is always ready to listen to us and intercede for all of us.

TO ALWAYS REMEMBER !

Every time we make an "infinity knot," we can remember God's love for us, which is infinite. When we close the cord, or the bracelet, we remember that God also made a covenant of love with us.

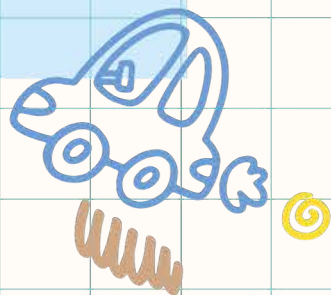


WHAT IS MACRAMÉ OR SAILOR'S KNOTS?

It's an ancient manual weaving technique that consists of using knots. With it, you can make different types of crafts for decoration, clothing, and personal items, among others.

WHAT IS THE BENEFIT OF THIS ACTIVITY?

It's good for children to learn manual activities, as they practice fine motor skills and patience, especially in this time of increased exposure to "screens." They can use this craft as a bracelet or even attach it to their backpack. The suggestion is that they can, throughout the day, remember the infinite love of God and also pray a decade of the Rosary whenever they are upset, facing a difficulty, or even for a sick friend or family member.



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